



## Getting young people back to nature

Wilderness Academy provides an authentic outdoor camping and adventure experience, immersing young people in all the benefits that nature has to offer.

We aim to inspire primary and secondary aged pupils through a range of outdoor activities designed to ignite curiosity and spark adventure.

Through environmental and adventurous learning activities, based in the heart of the Staffordshire Moorlands, pupils will find a way to 'reset' themselves spending time away from modern confinements.

# Our programmes

We have four programmes designed to fit around your school and the needs of your pupils. Ranging from adventure days to 5-day camp residentials our programmes maximise excitement, learning, personal development and fun, resulting in a truly magical outdoor experience.

# Wilderness Academy 5-day Camp Residential

An extended, full-on adventure experience, with a range of adventurous outdoor activities split over 5-days. Activities can include rock climbing, weaselling, water sports, day expeditions and bushcraft.

# Wilderness Academy 3-day Camp Residential

An exciting blend of adventure and environmental themed learning, with a mixture of both bushcraft and traditional outdoor activities. Evenings can be spent sat around the campfire, sharing stories under the stars.

#### Wilderness Base Camp

Base camp allows pupils to experience a night under the stars in the familiar surroundings of their school grounds. Pupils will take part in a range of exciting outdoor activities from bushcraft to a mini-expedition giving them the chance to develop their confidence, learn new skills and help them take further steps towards a life of exploration and adventure.

### Wilderness Academy Activity Days

Experience the outdoors and environmental themed learning all wrapped up in one day, on your school grounds or further afield. Your school can select from a wide range of bushcraft and traditional outdoor activities to give your pupils a real taste of adventure.

Our learning programmes are designed to develop confidence, teach new skills and inspire a life of exploration and adventure ...

## Activities include\*...

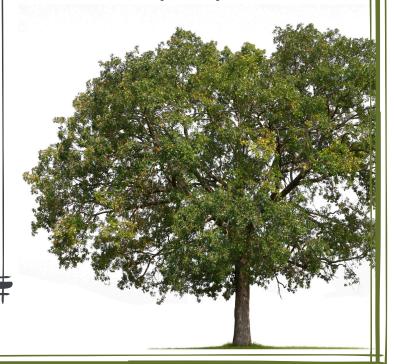
- Climbing wall
- Archery
- Orienteering
- Camping in the outdoors
- Rock climbing
- Weaselling
- Watersports
- Bushcraft
- Build shelters, light fires and enjoy campfire sessions
- Maring stories under the stars
- Day Expedition
- Team Building
- \* Activities depend on duration of stay and booked numbers

## Where it all takes place...

The main venue for multiple night residential camps is Barnswood Scout Camp near Rudyard Lake on the fringes of the Peak District.

At this site, facilities include a beautiful 63acre mixed woodland with activity spaces, purpose-built toilet and shower facilities and buildings for meeting and catering.

You also get a unique 'glamping' experience sleeping in bell tents, fully immersed in nature for the duration of your stay.





#### **Builds confidence and character**

Wilderness Academy builds up the confidence of our young people. By allowing our young people to discover, challenge, and find adventure, we can strengthen the tenacity, commitment, and perseverance, that our young people possess.

## Expands social, emotional and environmental awareness

With so many people spending more time closer to home recently, many have become more 'alive' to the natural, local, and global environments. Through field-based, exploratory, and journeying activities, we will help young people develop an understanding of conservation and sustainable development arming them with the practical skills to go off and explore the world for themselves.

### Improves mental health and wellbeing

According to Young Minds, three children in every classroom have a diagnosable mental health disorder and, studies show that regular 'green time' can help to improve the mental health and wellbeing of young people. Wilderness Academy provides substantial time outdoors for our young people to enjoy and thrive by exploring the natural world with their peers.



# Book your Wilderness Academy adventure today!

For further information please call 0333 300 1900 or email information@entrust-ed.co.uk

www.entrust-ed.co.uk

